



*Michalina Marta Cap
Creatress*

2019-2025 Portfolio

Michalina Marta Cap
michalinamcap@gmail.com

mmcap.eu

[IG @michalina.marta](https://www.instagram.com/michalina.marta)



M. M. C., 2025

Installation

Dimensions site-specific

It consists of 3 layers, one physical and two non-material. The first layer uses curtains from my own apartment to create an atmosphere of intimacy in this most personal work yet.

Three small works are arranged in a circle, which represent the stages of a woman's life: Maiden, Mother, Crone.

Each of them has a corresponding QR code leading the viewers deeper into the complex ideas behind each work.

Like many of my other works, most of the art actually emerges in the minds of people interacting with it. As artists, the fruits of our feelings are on display; we wish them so. My private thoughts, however? Here, going deeper requires an exchange. Your data plan and the processing power of your smartphone for my deep conclusions.

[Additional photos](#)



Skóra (Skin/Leather), 2022-2024
acrylic on paper, scans of the artist's body
triptych 70 x 50 cm each, framed



Skóra, meaning both skin and leather in Polish, embodies my triptych's essence. Skin captures our life experiences, while leather symbolises a man-made safety layer.

This project began when I fixated on stretch marks in a photo, a new preoccupation. As a former life model, my body had been immortalised in art, reflecting years of acceptance. Yet, a self-image crisis led me to create art instinctively. Folding paper until it felt like leather, I saw the lines as marks of experience, paralleling my quest for stretchmarks. Taking snapshots marked a turning point—my body became my own artistic material. The photos blended natural and artificial, small paper eventually enlarged over two years.



The project reflects the cyclical nature of breathing and body changes, akin to women's evolving bodies. On a deeper level, it's about our sense of self-contracting and expanding under societal pressures, and eventually expressing fully when safe. "Skóra" symbolises struggle, survival, and pride in bearing our life's marks.

[Link to a research video](#)



Unreal Fortune, 2020 - ongoing
 air, glass, metal, paper
 28 cm x 22 cm x 5,5 cm
 15 000 € for an individual jar
 150 000 € for the whole set

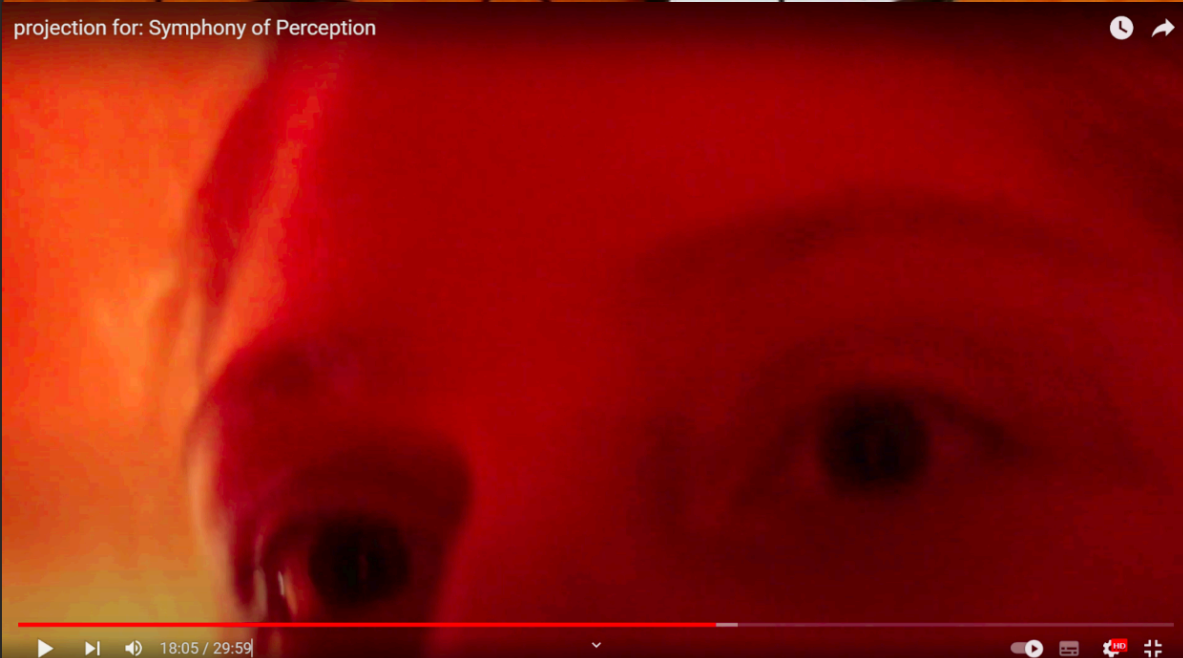
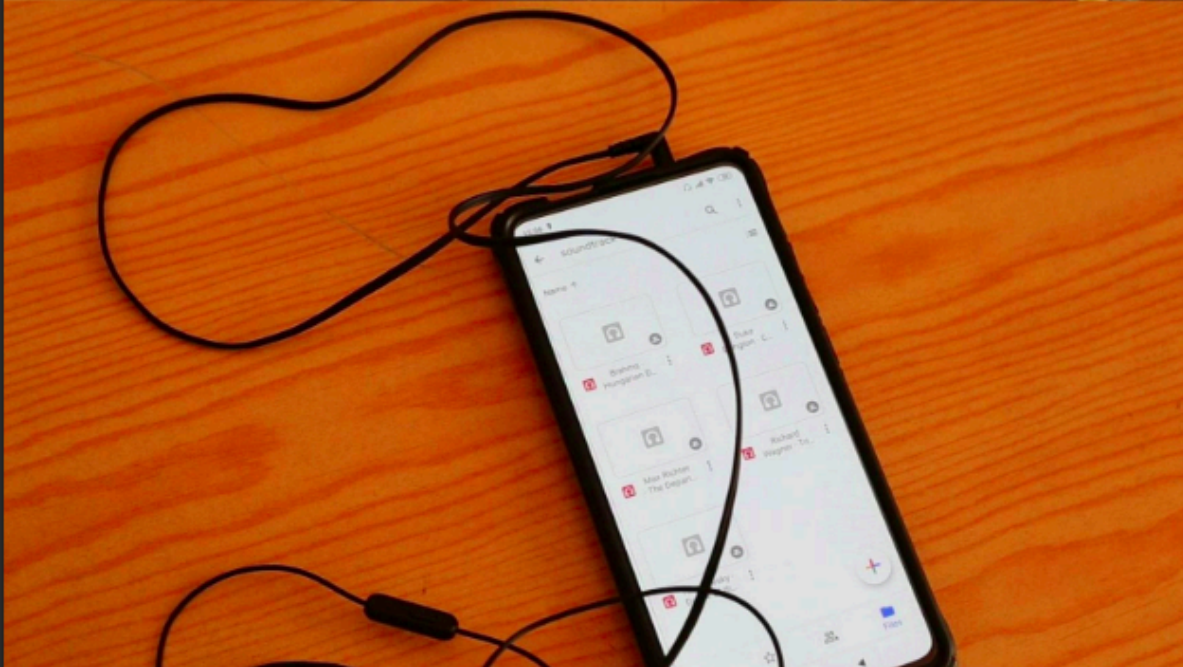
On the 22nd May of 2020, I filled jars with 149,5 ml of free-range air from a Polish meadow and sealed them. Then, I put them up for sale on Etsy for a horrendous price. That was a commentary on putting monetary value on invaluable resources, such as, at the time, COVID-free air. (...)

None of the jars has sold yet and I've been living with 10 jars of air priced at 15 000 € each for 5 years now. It's a curious state of quantum superposition. They are worth that much because I proclaimed it so. They are not worth that much because no one has paid for them yet (...)



Overall, the work speaks about a possibly delusional hope for a big break, patience and unwavering faith.

Further context and additional photos



Symphony of Perception, 2019 - 2020

A multimedia installation

A curated collection of clips is projected, and participants are invited to choose their own soundtrack, thereby altering their perception of what they are looking at.

Mixing music, image and our perception of those is merely a metaphor. I'm illustrating situations appearing in our lives and our attitude towards them.

When it comes to events in reality, we most likely have no influence over them. The way we approach them - well, that's the whole other story. (...)

A puddle of dirty water can cover our coat, courtesy of some careless driver. And we get angry and curse their guts out or burst out laughing like a mad person.

It's a choice. It's always a choice.

Links to [further context](#) and [instructions to participate](#)



Same Light, 2024 - (project)

The exact dimensions will be site-specific, and the installation will consist of at least 13 paintings on reclaimed glass (shelves, frames, windows, etc.), one extremely long LED tape mounted on the wall connecting them and a light switch for the audience to actively choose to engage with the work.

Every living thing is a direct continuation of the spark of life that happened on Earth exactly once. I've been fascinated by this idea for a while now. Recently, however, I realised the fundamental factor that made this truth possible—sunlight.

All the living organisms that ever existed could form, flourish, and die under the lone star of our system. I hope to invite the audience to ponder this fact and marvel at the Same Light which allows us all to differentiate from each other and use that sweet low entropy to keep us alive.

"Same Light" captures the delicate balance of appreciating the uniqueness of people alongside humankind as a collective.



Comfortable delusion, 2019 - (project)

Installation

Dimensions site-specific

The screen is showing waves crashing on the shore.

(e.g. <https://www.youtube.com/watch?v=7PJ52ZnpTsQ>)

The speaker emits white noise.

(e.g. <https://www.youtube.com/watch?v=Og40mpl8VNc>).

We, as humans, can
intellectually understand
something that isn't true
and still perceive it to be so.
(...)

What happens when, and
how often does it happen,
that we are aware of the
root cause of a problem,
but a simpler, more
appealing explanation is just
convenient?

[Link to further context](#)

Michalina Marta Cap

Contact info

Phone number/Whatsapp/Telegram: +48 728 315 201

Address: Bornemannstraße 10, 13357 Berlin

Email address: michalinamcap@gmail.com

Website: mmcap.eu

Bio

Michalina Marta Cap is a conceptual artist primarily interested in the 'in-between' meanings. She focuses on inviting the audience to examine their preconceived notions about reality and actively challenge them while interacting with her works.

She grew up in Święty Wojciech, Poland, and studied in London and Belfast. She currently lives and works in Berlin.

Education

2017 - 2018

MA Film

Queen's University Belfast

2013 - 2016

BA Filmmaking

Kingston University London

2010 - 2013

Polish Matura exam (extended levels: art history, English and Polish)

I Liceum Ogólnokształcące im. Edwarda Dembowskiego in Zielona Góra

Reductive list of creative pursuits:

2025



Participates in Culterim | Independent Class and Culterim | Independent Class | Group Exhibition #1



Skóra (Skin/Leather) shown at "Drift & Decay" in Mulackei and Culterim | Studios Show #4

2024



Unreal Fortune is shown in an Art Collide Emerging Artists online exhibition



"Skóra (Skin/Leather)" was exhibited during a self-organised collaborative show titled "Self-"

2021



Recharging Female Power screens at Cabane A Sang Film Festival

2018



Became a finalist of Nespresso Talents 2018 with a vertical film Cloths off

2013



Pursued life modelling for drawings, sculptures, paintings, and photographs in London (Mall Galleries and Royal College of Art, Game of Thrones)